

Installation & Care Guide

zazen WATER

Since 2008



Thank you for choosing zazen Water.

We're an Australian-owned water wellness company driven by a deep passion for improving lives through the transformative power of water.

We believe everybody should experience the health benefits of great tasting water with fewer chemicals and toxins.

Since 2008, we have made it our mission to champion water wellness through our range of alkaline water filters, sharing the gift of zazen water to build healthier lives and futures one glass at a time.

Our passion for water is our life's work and we can't wait to share it with you and your loved ones.

Welcome to your water wellness journey.

Janet & Vanessa

Janet Parker & Vanessa Drummond
Co-founders

The zazen promise



90-Day Money Back Guarantee

We want you to be delighted with your zazen Alkaline Water System purchase. If it fails to meet your expectations (and you are the sole judge), simply return it to us within 90 days. We will refund the purchase price upon receipt (excluding delivery and postage charges).



10-Year Warranty

We offer a 10-year warranty on the zazen Alkaline Water System (tap, tanks, lid, stand, etc) guaranteeing it to be free from defects from the original date of purchase. This warranty is valid provided:

- The product is installed and maintained as directed,
- The product is not modified, and
- Consumable parts are replaced and installed within the recommended timeframes and guidelines.



Reminder Service

When it's time to replace your zazen filters and stones in your zazen Alkaline Water System, we'll send you a reminder via email and SMS. So you know you're always drinking the highest quality water.

You don't need to remember - we will!

Our Cause: the Water Ambassador School Gifting Program

zazen is a social enterprise helping school children across Australia have access to the highest quality water daily in classrooms, free.

Every purchase supports our zazen Water Ambassador School Gifting Program. Founded in 2008, we believe hydrated children thrive with better focus, performance and wellbeing, and children drink more because they love the taste.

Thank you for your contribution to this important cause.



For more information about the zazen Water Alkaline System, visit zazen.com.au

Need to get in touch with us?

Call 1300 78 24 25 or +61 7 3051 5809 (if outside Australia) or email contactus@zazen.com.au

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Preparing your system

Unboxing your new zazen Alkaline Water System

- **Unpack your system from the box**
You can recycle all packaging and reuse the plastic bags
- **Choose an optimal location**
We recommend placing your system in a cool area, away from direct sunlight.
- **Soak the Mineral Stones and Alkalinity Enhancers**
The zazen Mineral Stones (grey/blue stones) and zazen Alkalinity Enhancers must be soaked in water for 48 hours prior to assembling your system.
 - The stones are natural and will release mineral dust initially, which makes the water taste chalky. Place them into a large container and fill with at least one litre of tap water.
 - The water needs to be changed four times during the 48-hour period – make sure you use a sieve, so you don't lose any of the Alkalinity Enhancers.

Important information for rainwater users:

Please use rainwater that has been boiled and cooled, or chlorinated water for preparing the filters and stones. This protects against potential algae and other micro-organisms in the tank water which will compromise the filter.



For more information about preparing your zazen Alkaline Water System, click the QR Code above to watch a short video.

After 48 hours

- **Discard the soaking water**
Use a sieve to catch the Mineral Stones and Alkalinity Enhancers
- **Prepare the Ceramic Pre-Filter**
Place the Ceramic Filter in a jug of water and submerge for 5 minutes. Now wet the coconut fibre scrubber and gently rub it over the entire surface of the filter. Finish by running water over the filter, it's now ready to use.
- **Prepare the Multi-Stage Filter**
Prepare the filter following the steps below to ensure water flows through the filter correctly and avoid air bubbles, which can cause overflow.
 - Fill a two-litre jug or bowl with clean, cold water and submerge the Multi-Stage Filter. Wait until all air bubbles have been released.
 - Take the filter out of the water and refill the jug with clean water
 - Slowly pour two litres of water through the white top of the filter, making sure the water runs out the bottom.
 - Place a towel on a flat, hard surface and tap the filter firmly on its side several times to clear air bubbles and move the water through the filter again
 - Some black carbon particles may run out of the bottom of the filter – this is normal. The carbon is from the first layer of the Filter Cartridge and is harmless. It will eventually settle onto the bottom of the lower tank.
- **Rinse the Anti-Bacterial Stones and system containers**
Run the zazen Anti-Bacterial Stones under tap water to remove any dust. Rinse all parts of the system containers with warm water (rainwater users, see note to the left) and wipe dry. Do not use detergents.

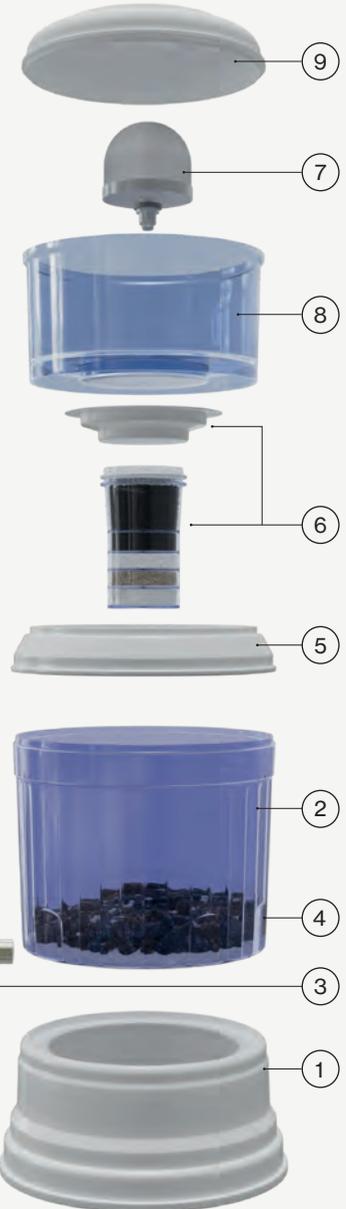
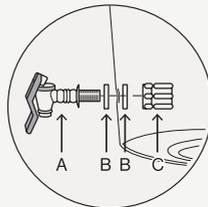
Assembling your system

BPA-Free Plastic Bottom Tank

- 1 Place the **Stand** where you will sit your System.
- 2 Place the **bottom tank** onto stand.
- 3 Place the **Tap 'A'** through hole in the bottom tank with a **Silicon Washer 'B'** on each side. Screw the **Magnetic Back 'C'** onto tap inside the bottom tank and tighten.
- 4 Put the pre-soaked **Anti-Bacterial Stones** and **Mineral Stones** into the bottom tank. Pour the **Alkalinity Enhancers** into the tank, ensuring they are positioned away from the back of the magnetic tap.
- 5 Place the **middle rim** onto the bottom tank rim.
- 6 Screw the **Multi-Stage Filter** into Cartridge Connector and sit in middle rim (filter will hang in bottom tank).
- 7 Place the **silicon washer*** onto the Ceramic Pre-Filter stem and then insert the **Ceramic Pre-Filter** into the hole inside the top tank. Fasten on with the **filter nut*** and tighten.
- 8 Place the **top tank** onto the assembled bottom tank.
- 9 Fill **top tank** with 4 litres of tap water and pop on the **Lid**.

Note: It will take between 90 minutes and two hours to filter water from the four-litre top tank into the bottom tank. Do this twice to fill your system. Once the bottom tank is full, you cannot add more water to the top tank, or the system will overflow.

*Washer & nut come with Ceramic Pre-Filter



For more information about assembling your zazen Alkaline Water System with a BPA-Free Plastic Bottom Tank, click the QR code above to watch a short video.

Assembling your system

Glass Bottom Tank

- 1 Place the **Stand** where you will sit your System.
- 2 Carefully place the **Glass Tank** onto the Stand. To move the tank, place both hands around the sides, close to the bottom. Never lift or move the glass tank when it is full of water and keep out of reach of small children.
- 3 Place the **Tap 'A'** through hole in the bottom tank with a **Silicon Washer 'B'** on each side. Screw the **Magnetic Back 'C'** onto tap inside the bottom tank and tighten.
- 4 Place the pre-soaked **Mineral Stones** and the rinsed **Anti-Bacterial Stones** one at a time into the bottom tank to avoid damaging the glass. Gently pour the **Alkalinity Enhancers** into the tank, ensuring they are positioned away from the back of the magnetic tap.
- 5 Screw the **Multi-Stage Filter** into Cartridge Connector and gently sit in the top of the glass tank (filter will hang in bottom tank).
- 6 Place the **silicon washer*** onto the Ceramic Pre-Filter stem and then insert the **Ceramic Pre-Filter** into the hole inside the top tank. Fasten on with the **filter nut*** and tighten.
- 7 Place the **top tank** onto the assembled Glass Tank.
- 8 Fill the **top tank** with 4 litres of tap water and pop on the **Lid**.

Leftover parts – the BPA-Free Plastic Bottom Tank and Middle Rim – aren't required for the Glass Bottom Tank but can be used for travel.

Note: It will take between 90 minutes and two hours to filter water from the four-litre top tank into the bottom tank. Do this twice to fill your system. Once the bottom tank is full, you cannot add more water to the top tank, or the system will overflow.

*Washer & nut come with Ceramic Pre-Filter



For more information about assembling your zazen Alkaline Water System with a Glass Bottom Tank, click the QR code above to watch a short video.



Care

Caring for your zazen Alkaline Water System

Get the most out of your zazen Alkaline Water System with these simple tips.

Don't overfill the tank

Refill the top tank (four litres) when the bottom tank is half empty.

Allow time for water to filter

The super-fine filtration system means it will take around 90 minutes for a full top tank to filter into the bottom tank, ready to drink.

Clean the filter regularly

If the Ceramic Pre-Filter is dirty, water can't filter through to the bottom tank. To clean it, gently rub the outside surface of the Ceramic Filter with the coconut fibre scrubber supplied and cold water.

Keep the system out of direct sunlight

Position your system in a cool area, away from direct sunlight.

Replace your filter parts every 6 months

We'll remind you every 6 months, so you know you're always drinking the highest quality water (see over for more details).

For more information click the QR code below to watch a short video on taking care of your zazen Alkaline Water System.



Cleaning your system and replacing parts

We will remind you when parts need replacing!

Follow the zazen Alkaline Water System cleaning and maintenance schedule to ensure optimal performance.

Daily / Weekly

Cleaning the Ceramic Pre-Filter



You will need to clean the Ceramic Pre-Filter on a regular basis – it may turn orange or brown due to the organic matter in the source water that is being trapped on its outside.

To clean, take the top tank with the Ceramic Pre-Filter attached to the sink. Using the coconut fibre scrubber supplied, gently wipe the Ceramic Pre-Filter to remove the build-up and rinse with cold clean water.

Never use detergent to clean the Ceramic Pre-Filter.

Every 4 to 6 months

Time to replace the Multi-Stage Filter



Replace the Multi-Stage Filter at least every six months (or sooner if you're consuming more than 12 litres per day).

Make sure to discard the old Multi-Stage Filter – this is full of chemicals and toxins from the past six months and can't be recycled.

Topping up your bottom tank

- Whenever the bottom tank is 1/2 empty (or 1/2 full!) you can fill the top tank.
- The bottom tank holds a maximum of 8 litres, and the top tank holds a maximum of 4 litres.
- Remember, it will take at least 90 minutes to filter 4 litres from the top tank into the bottom tank.
- If the bottom tank is full, do not try to fill the top tank.
- If there is water sitting in the top tank after two hours, the Ceramic Pre-Filter needs to be cleaned. Refer to instructions above.

What role do they play?

Multi-Stage Filter

- Micro-filters harmful toxins and chemicals
- Filters PFAS (forever chemicals), fluoride, aluminium, lead, arsenic, chlorine, pesticides, chemicals, copper, detergents and more
- Preserves beneficial alkaline minerals
- Adds silica to enhance clarity and taste

Why is this important?

Removing these toxins and chemicals ensures your water is safe to drink and is hydrating your body at a cellular level, flushing the toxins ingested from foods and your environment.

It also transforms your source water so it tastes delicious.

For more information about how the zazen Alkaline Water System parts work together, click the QR Code right to watch a short video.



Every 12 months

Time for your annual replacement & clean



Replace the Multi-Stage Filter again, along with the Ceramic Pre-Filter, Anti-Bacterial Stones and Alkalinity Enhancers.

This is also an ideal time to clean out the inside of the bottom tank with a clean cloth and warm water. You can also soak your Mineral Stones for a few minutes in hot water to reinvigorate them, just make sure to let them cool before carefully placing them back in your system.

The Ceramic Filter can be recycled, and the Anti-Bacterial Stones and Alkalinity Enhancers can be placed in the garden.

Every 5 years

Time to replace the Mineral Stones



Replacing the Mineral Stones will coincide with an annual replacement and clean.

Mineral Stones can also be placed in the garden.

What role do they play?

Ceramic Pre-Filter

- Traps nano / microplastics, rust, sediment, mould and spores
- Blocks bacteria, Giardia, parasites and harmful micro-organisms

Anti-Bacterial Stones

- Keep the lower tank clean and fresh

Alkalinity Enhancers

- Release ionised magnesium and calcium to boost alkalinity

What role do they play?

Mineral Stones

- Help water to intelligently absorb alkaline minerals
- Balance pH and increase the amount of dissolved oxygen in the water
- Release magnesium, potassium, calcium, silicon and other trace minerals

Why is this important?

Replacing the Ceramic Pre-Filter prevents particulates from clogging the Multi-Stage Filter preserving its effectiveness and lifespan.

The Anti-Bacterial Stones keep the bottom tank clean (between annual cleans) while the ionised magnesium in the Alkalinity Enhancers ensures the pH is balanced all year round.

Why is this important?

Your body needs water to contain essential alkaline minerals so it can be absorbed at a cellular level and not have to take minerals from your body to assist with hydration.



Passionate about water

zazen.com.au